A CRADLE SONG.

Still the lake, and still the field; Still the feathery pine is; Would my sleep Could be as deep, And as calm as thine is Child of earth and air and sup,

Stir not in thy sleeping; Lie at rest On nature's breast-

Trust thee to her keeping! Powers of earth and air and sun, Beneath, around, above thee, Lend their charm

To ward off harm-All that lives must love thee. Lo, the gentle sprites of spring In homage kneel before thee, Or hovering

On silent wing, Keep watch fraternal o'er thee May they still attend thy steps

mature companion.

and the prison, if nothing worse, threatens to take a dear cousin from

the girl, when Banks said :

"Yes, 'tis all a strange combina-tion of circumstances, but I trust,

been taken.'

be seated."

Wheresoe'er thou goest; Pure and fair As sun and air Be all the love thou knowest leave lying around the bottom. The whole matter seemed so clear to him that he was here scarcely ten min-Itill the lake, and still the field; Still the feathery pine is; that he was here scarcely ten min-utes before he started off in hot pur-Would my sleep

Could be as deep, And as calm as thine is! -[Atlanta Constitution. Trasker's Private Mark When I was quite a young man I counted among my close friends a private detective. The two of us were

enjoying a quiet smoke and chat in his cozy little office one day when the door opened and his boy ushered in a lady client. She was apparently under 20, and was quite fashionably he said immediately, and in a few be shortly overtaken if he kept the minutes we were on our way back to road, Trasker climbed a stone wall

Found something, Banks?" attired. Her form was tall and slender and her face exceedingly attractive, but bore traces of some sudden and overwhelming affliction, for her you. A little spice of mystery, you know, will sharpen your interest."

eyes were red with weeping.

"Mr. Banks, the detective, I presume?" she queried, turning, after
a quick glance at me to my more and favorable report to our charming client," said I. "Comforting the distressed, when aforesaid distressed are feminine, young, pretty and rich, is right in my line."

Comforting the distribution of the distribution of the and the others came up.

"Good!" exclaimed Banks, with a grin; "this is a little bit of poetic "At your service, madame. Pray "I am in sore trouble, sir," she said, in tremulous tones, applying her handkerchief to her eyes. "Death has suddenly robbed me of a father Banks laughed good humoredly and

then relapsed into ruminating si-

tory office, Banks carrying a package "That is very sad," my friend said, sympathetically. "But compose yourself, my dear young lady; we may yet avert the latter part of your trouble."

"Oh, sir! God grant that you may, "Oh, sir! God grant that you may, "Nother Greeg nor his quarry soline." for my cousin, whom they suspect of the murder of my poor father, was to be my husband," she said, the seriousness of the case overcoming her that you may, chine. Neither Gregg nor his quarry had yet been heard from.

"You will oblige me by gathering all the employes of the factory to-

natural modesty. "But he is innocent, I know it, I feel it, in spite of the evidence against him. Oh, be- "Let the outer doors be locked, and

large furniture factory. He was a man who paid strict attention to business, and was in the habit of remaining in his office after the factory had closed for the night and the men had departed, in order to finish up his large correspondence.

One of the clerks in his employ was a nephew, a fine young fellow, strong of body and generous of heart, but not free from the follies of youth.

Harry Stanton was a graduate of lifting when he looked up to see the eyes of all present gazing upon it with eager curiosity. Mine, he afterward told me, were fairly popping out of my head. As there was no particular hurry he stayed his hand and with a most quizzical expression of countenance lounged back in his chair and coolly puffed at his cigarette. large furniture factory. He was a cardboard box, the cover of which he

Harry Stanton was a graduate of college and a thorough athlete, and, being yet scarce 20, he had not outgrown his youthful enthusiasm for sports, clubs and semi-incidentally late suppers with the boys.

Now, the old are not always so tolerant of the ways of the young as recollection should make them, and of the preparent tone, and I am bled, and everything was ready for the next step. With a quick glance Banks ran his eyes over the forty faces before him. Then turning to me he whispered mysteriously: "Stand close beside me and when it comes to names jot down those I give you the signal to. It will save time."

All beings except man are goverened signal to. It will save time."

so it happened that the frequent transgressions of the uncle's office "Now, men," he said, addressing rules by the nephew caused between the gathering, "as little more can be the two considerable friction. On the done in the matter of the murder evening of the tragedy there had until we hear from Detective Gregg, been quite a serious quarrel, and he left the presence of his employer in hot-headed haste and with angry words.

One hour later and half an hour after the factory had closed Mr. Kempton had been found murdered in his private office. He was seated in his chair, his head falling forward on the desk before him. A pocket-knife had been used to accomplish knife had been used to accomplish the dastardly deed, and this lay on the floor in a pool of blood at the murdered man's feet. On being cleaned and examined the fatal writer ribbon and then make an improvement of the state of weapon was instantly recognized by pression on this strip of prepared the clerks as young Stanton's.

There was no indication of a strugother I desire each man to record his

system, and I am fully satisfied were gle, the blow had evidently been name on the label I have affixed unstruck from behind, and with unerder the space for each impression."

ing aim had pierced the heart. The safe had been rified of its valuable contents, and there was evidence that the assessin in making his exit through the general office had stopped to our Stanton's desk, and remove such things as a young fellow in making a permanent departure would be likely to take.

So much in substance had by interould be likely to take.

the registering procession moved this city is noted for his remarkably so much in substance had by inter-along until at last all had left their cheerful disposition. Though he has cogatory promptings been drawn from thumb marks and I had listed just suffered financial disaster more than about a dozen names.

"And now tell me what steps have "Poor papa's head cierk has em-ployed a detective—a Mr. Gregg— who, after looking into the case, started off in hot pursuit of my cousin, whom he firmly believes to be the as-"Um!" came from Banks, as he gazed musingly into the fire. "Then young Stanton has disappeared?"

sir, you still believe him innocent."
"My dear young lady, a professional opinion based on the merits of the case would be rather premature.
For the present you must draw what

comfort you may from my faith in your intuitions. If you desire it I shall proceed at once to the factory

exhibiting to the full her perfect confidence in her hunted lover, she said, "I wish you to spare no expense in bringing the criminal to justice."

Presently with my list before him Banks pushed the long slide in and stopped at No. 4. For a few seconds he allowed it to show out beside the Receiving my friend's promise to call at her home and report if any important clew was discovered, she stepped into her carriage and was the moving slide directly over that on riven away.

At his request I accompanied him most confused network of interwoven

to the scene of the tragedy. An hour's investigation bore rather barren results. The only important fact brought out beyond what we already knew, was that the suspected ready knew, was that the suspected speak for themselves. Presently one young man had been seen near the of the thumbmarks fitted so nicely of the murder. Banks, I thought, began to look a little blue.

"Has the deal of the discovery over the stationary one that not a single variation could be observed.

There was no crossing the deal of the discovery over the stationary one that not a single variation could be observed. began to look a little blue.

"Has the desk of Stanton's been touched?" he inquired, presently, matching of the impression that I touched?" he inquired, presently, pulling out the upper drawer.

"The contents have not been materially disturbed," responded the head clerk. "Detective Gregg simply noted the missing articles, and the bloody finger marks on the paper where it had been lifted to get at some old letters Stanton used to leave lying around the bottom. The whole matter seemed so clear to him whole matter seemed so clear to him.

and was flying with terror at his suit."
"Um!" said Banks in his peculiar way, and then he proceeded to go through the drawer. Being slightly acquainted with one of the clerks, I stepped up to him for a moreont.

stepped up to him for a moment's conversation. When I returned to my friend's side he was pocketing a sleet of paper which he had been examining with his microscope. A quick glance at his face showed me that he hit upon a promising clew.

"I think we have seen sufficient," he said immediately, and in a few road. Trasker climbed a stone wall

and dashed across a meadow.
With a leap the rider cleared his "A mere triffe," he responded, "but mum's the word, my boy, even for over the wall and almost before the other pursuers realized what was happening, John Trasker was struggling "I was hoping it was of sufficient importance to lead to an immediate and favorable report to our charming client," said I. "Comforting the dis-

justice I hadn't arranged for."

Arriving at the factory, Trasker lence.

It was about 4 o'clock in the afternoon when we again entered the facopen safe. Overhearing the quarrel between uncle and nephew, he saw how it might be used to his advantage. On his way through the general office he looked through Stanton's desk and secured his knife. Returning after the deed to complete the evidence against the young fellow, he had left the incriminating thumbmark.

As for Stanton, his story was very simple. He had returned to the premises that evening with a view to apologizing to his uncle, but pride the evidence against him. Oh, believe me, sir, Harry is as innecent of this dreadful deed as I am."

"My dear young lady." said Banks, encouragingly, "before hearing the first detail of your case I am convinced that he is. My belief in feminine intuitions is based upon the solid foundation of experience. Be calm, therefore, and let me have the story from the beginning."

"I observe that you use a type-writer," he went on after Mr. Williams had given orders to have the move the ribbon, or if you have an unused one better still."

The elegant representation of the control story from the beginning."

The circumstances she related were as follows: Her father, Thomas Kempton, was the proprietor of a the outer wrapper he laid bare a plain haste for the factory, with what result has already been made known. uit nas aiready

Banks received a fifty dollar check and abundant thanks from his charming young client, and some fifteen months later an invitation to the wedding .- New York Press.

Food Before Sleep.

Many persons, says Dr. W. T.Cathell, an eminent physician, though not actually sick, keep below par in strength and general tone, and I am

All beings except man are goverened by natural instinct, and every being with a stomach, excapt man, eats before sleep, and even the human in-fant, guided by the same instinct, sucks frequently day and night, and if its stomach is empty for any pro-longed period, it cries long and loud. Digestion requires no interval of rest, and if the amount of food dur-

ing the twenty-four hours is, in quantity and quality, not beyond the physiological limit, it makes no hurtful difference to the stomach how few or how short are the intervals be-tween eating, but it does make a vast difference in the weak and emaciated one's welfare to have a modicum of food in the stomach during the time of sleep, that instead of being con-sumed by bodily action it may during the interval improved the lowered the weakly, the emaciated and the

once, his bonhommie has carried him "Now," said Banks, lifting the mysterious package, "I have here a small magic lantern through which I propose to put the slide bearing the impression. It is now dark enough I fancy and—yes—the back of that calendar yonder will serve excellently as a white surface. Oblige me, Mr. Williams by, turning its face to the wall. Thank you." the least set-back caused me excessive worry, and once, thinking my firm was on the "Now," said Banks, lifting the through without a wrinkle. Asked wall. Thank you."

While speaking my friend had busied himself preparing the lantern so that matters moved absorbingly and without delay.

"To make the test a little more interesting," he continued, "I will first show you the thumb mark of a gentleman whom I have a great desire to meet. We will compare the others with this one."

On the disk of light thrown upon shall proceed at once to the factory in order to secure some further data."

"Kindly do so in my behalf, Mr. Banka," responded the girl, and then others with this one."

others with this one."

others with this one."

On the disk of light thrown upon the wall appeared a peculiar arrangement of lines, jagged, running into each other, beginning nowhere and ending in the same place.

stopped and turned back. The contrast between his condition and disposition and mine left a lasting impression, and I have hummed that same care-dispelling fir, at intervals, ever since."—[Philadelphia Record.]

HORRORS REVEALED

What We May Buffer If delentists Reep

If cases of actual starvation multi-It cases of actual starvation multi-ply throughout the land, if an epi-demic of diseases resulting from in-nutrition devastates the country, the doctors and not the bankers, brokers, and statesmen will be to blame. There is plenty of food in America— plenty and to spare, and none so poor but what he may by comparatively light, exertion secure a sufficient light exertion secure a sufficient quantity daily to retain for his full time that desirable coadjunctiveness of soul and body. Still starvation stares even the rich in the face, starvation born of an unboly combina-tion of dectors, nerves, and imagina-

The most eminent scientists have, of late years, been devoting much time and attention to the study of microbes and bacilli and parasites and other unpleasant microscopic organisms. Nobody objects to their having done so or to their indefinite continuance of such a diverting pastime. But they have no right to time. But they have no right to flaunt their disagreeable and depres-sing discoveries in the bacteriolog-ical way in the face of the nervous layman. One of them, a Dr. Stiles of the Government Department of Agriculture, has been particularly in dustrious in discovering all soits of infinitesimal but voracious and deadly parasites in about every article of food found upon the average American table. And now he persists, with unholy enthusiasm, in enlightening the ordinary men and women of the country who haven't time to keep a constant lookout upon the horrible details of his discoveries. He de-lightedly announces that most beef, pork, and bread is just fairly swarming with parasites which range in size from atomic minuteness to 150 feet in length! With ghoulish glee he tells us that soups are apt to con-tain bits of animacular which may develop into devastating tapeworms of most discouraging dimensions. He says mice in the pantry are apt to deposite megastome intestinales throughout the bread supply of the

stomachic consequences are pretty sure to follow if they do. Water, unless boiled. according to this ravager of the joys of life, is apt to contain about 4,000,000 different parasites to the spoonful, including the egg of the formidablealumbricoid worm, which, once it develops, is reasonably certain to bore holes in one's liver and conduct extensive excavating operations in one's liver. cavating operations in one's lungs. Wherever we go, whatever we eat and drink, according to Dr. Stiles, we are at all times and places just fairly throwing ourselves in the way of legions and hordes of insatiable haddle where the still whose the still the still whose the still the still whose the still bacilli whose horrors he delights in illustrating by means of microscopes and magic lanterns.

family, and that all sorts of horrible

And hence it comes about that, uniess something is done, unless these grewsome-minded and overly zealous oucteriolog sts are either obliged to furnish antidotes for these parasitic terrors of their conjuring or else made to keep their bideous knowledge to themselves, the future contains no other fate for the imaginative man or woman but starvation, and that in the midst of plenty, too!

Her Opinion of It.

"Once when I was in one of my back counties," said a Tennessee Congressman. "I stopped at a smail hotel where I was an object of curiman and wife. I was sitting out on a porch in front of the house reading a newspaper, and they were watching me as if I were some kind of a new creation, but I tried to remain unconscious of it, behind my paper. Finally they began to talk. "'Who d' you reckon he is?' queried the woman in a half whisper.

"'Dunno; sposin' I ax him?' he ventured quite as curious as she

"'You dasn't,' she said in a tone implying that she hoped he would, and he did, and I told him I was the Congressman from that district. He went back to her smiling. "Guess who?' he said.

" Some kinder drummer er other." she replied, peeping at me cautiously. "The man shook his head.
"He ain't no preacher, I'm shore

she said, 'but he might be a sewin'.
machine agent.'
"'No, he ain't, said the man, 'he's

the Congressman frum this deestrick; that's what he is' "'Did he tell you so?' she asked incredulously.

" 'In course. "'My,' she exclaimed, 'I wouldn't a' thought it. It's bad enough to be

VENTILATING CONTRACTORS,

telling upon them, the great increase in the number of sofas and couches to be used in offices is very interest-ing to the student of nerves and nervous diseases. A generation ago a violent headache or a feeling of a great depression was considered a legitimate excuse for closing up the office and taking half a day of, if not a rest for a day or two. Now there is no time for rests of this character and the man who is break-

ing down from overwork gets a couch in his office and takes three or four

minutes or perhaps a quarter of an hour's rest when his brain declines to A few days ago 1 had occasion to call upon a well-known attorney, who, to my surprise, I found lying on a couch in his office. I was apologizing and promising to call again, when he told me to sit down and he could attend to me all right. I stated my case to him and he dictated by the stated my case to him and he dictated in the stated my case to him and he dictated my case to h tated a letter to his stenographer bearing on the question, explaining to me when he got through that when he got played out he could think much better lying down than sitting up. Burning the candle at both ends is an expression which scarcely applies to such reckiess overdrafts on nerves and nature as this.—St. Louis

Globe-Democrat.

Surprise at the Number. In Lynchburg, not long ago, a house fell on General Jubal Early. Something was wrong with a wall that was being built, and it fell in. Early was under it. Every one thought he was dead. They began to die the bricks away to secure the mangren remains. Finally his head showed. He was swearing. He pulled himself out and walked away, anying: "Damme I didn't known. saying: "Damme, I didn't know there were so many bricks in the world!"

The three primary color sensations are considered to be red, green, and violet. Certain mixtures of violet and green produced a blue; red and green also give a yellow. But it is important to observe that these are primary colors, though the expres-sion "lights of primary colors" is ad-missible. For it is commonly immissible. For it is commonly imagined that the blue and yellow mixed in certain proportions produce various kinds of green. If yellow and blue pigments be mixed together with water the green color produced is any a mixture of blue and yellow colors. It is the one color which is not freely absorbed either by the yel-low or by the blue pigment. The yellow pigment removes the greater part of the blue, indigo and violet rays; the blue pigment removes the greater part of the red, orange, and yellow. Thus the light that finally escapes is mainly green. It is curious to notice, too, that

the sunlight passing through glass of one color is not only of that color. What is called the ordinary solar spectrum is produced by allowing a ray of sunlight to enter a narrow slit and pass through one or more prisms. If a bit of red glass be held over the slit the whole length of the spectrum is not reddened; there is no color in the spectrum of the glass when that color does not exist in the ordinary rainbow) spectrum. If the red glass be pretty pure only red and a little orange are visible in the spectrum; all the rest is cut away. Wonderful is it also that the colors seen in natural objects are chiefly residuals left after internal absorption.

A tulip with green leaves can only be seen in pure light or in the cor responding colors of the spectrum. If it is placed in the red band of the spectrum the flower shines brilliantly red, while the leaves shine dull red, not green. If moved to any other band of the spectrum the red petals become black and the green alters much.-Longman's Magazine.

Smoking at Prayer. A visitor from the United States finds many things which surprise him in the City of Mexico. When the mail arrives at the postoffice the names of the people to whom letters are addressed are written on a slip of paper and posted on a bulletin board. Merchants go every morning to examine the announcement, and if they find their names on the list hand their cards to the delivery clerk, who hands them their mail. No postage stamps are sold, but those having letters to mail take them to the postoffice and pay their postage to the postmaster, who sticks on the stamps himself. In all public places men are found sitting around, provided with pen, ink, and paper, ready to conduct the correspondence of any one unable to do it himself. "'My,' she exclaimed, 'I wouldn't of any one unable to do it himself. a' thought it. It's bad enough to be one without goin' round tellin' every. body.'"—Detroit Free Press.

A sign of Pressure.

A mong the signs that the high pressure at which American professional and business men are living is any one unable to do it himself. Every one in Mexico smokes, the women as well as the men. They smoke in the street care, in the shops, at the opera, and, in fact, everywhere. I actually saw one man kneeling in chapel, muttering his prayers, with a lighted cigarette in his hand.—Exchange.

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